

Module 6: Additional Resources

Contents

- **Interactive Websites**
- **More Interactive Websites**
- **General Information Websites**
- **Mobile Phone Apps**

Interactive Websites

Sesame Workshop, in collaboration with United Healthcare, has developed the [Sesame Street A is for Asthma](#) tool kit that is filled with activities to help people learn how maintain asthma control and avoid asthma attacks.

Public Broadcasting Service KIDS includes [Buster Baxter: Lung Defender](#), an interactive game focused on asthma triggers.

More Interactive Websites

[Lungtropolis](#) provided by the American Lung Association is an interactive website designed for children with asthma between the ages of 5 to 10 and their parents.

The [American Academy of Allergy, Asthma & Immunology](#) offers an interactive website with games, puzzles, videos, and more.

General Information Websites

The [Asthma Initiative of Michigan](#) offers information for teens and young adults to help you manage your Asthma.

[No Attacks](#) gives you easy to understand information that you can also share with your parents.

[KidsHealth](#) offers easy to understand explanations of many different aspects of Asthma.

Mobile Phone Apps

[Asthma Buddy](#) gives you information plus helps you create your own action plan to manage your Asthma. It's available for both Androids and iPhones.

If you have an Android or iPhone, you can download [WellaPets](#), which is a fun game to help you care for your Asthma.



Great job! You're one step closer to finishing the CHECK Asthma Online Program. Hopefully you now know more about how to stay healthy.

Now you can move onto the next topic.

