

# Module 8: Sickle Cell Patient Perspectives

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## Sickle Cell in Teens

Montefiore Medical Center offers a video that gives a general overview of sickle cell and has teens share their own personal stories.



## Life with and Managing Sickle Cell

This video—presented by the National Heart, Lung, and Blood Institute, part of the National Institutes of Health—shows how Tiffany, a mother and student, has coped with having sickle cell disease. Born with the most severe form of sickle cell disease, sickle cell anemia, Tiffany has lived with the symptoms and complications of this disease her entire life. After giving birth to her daughter, Tiffany became very sick and was admitted to the hospital many times. In 2009, she began treatment with a medicine called hydroxyurea. Although Tiffany's brother had taken hydroxyurea and had many side effects, Tiffany has had success with the treatment. Her commitment to following her treatment plan and living a healthy lifestyle have helped her manage sickle cell anemia and live a happy, full life.



## Sickle Cell Anemia: A Patient's Journey

The American Society of Hematology documents the story of 17-year-old Alexandria who suffers from Sickle Cell.



<http://www.youtube.com/watch?v=2CsgXHdWqVs>

## Prodigy Talks with Real Health About His Life With Sickle Cell Anemia

Hip-Hop Star Prodigy talks with Real Health editor in chief Kate Ferguson about his life with sickle cell anemia.



<http://www.youtube.com/watch?v=TqTZuDOtZEg>

## Life with Sickle Cell

Life with Sickle Cell chronicles Calvinay's life experiences as a teen living with Sickle Cell disease. Calvinay recorded video footage on three separate hospital visits to Children's Hospital Oakland. In a series of thoughtful and articulate interviews, she describes her experiences at Children's Hospital Oakland, gives advice about managing Sickle Cell disease, and describes her life as a whole, emphasizing that Sickle Cell is only one part of her life story.



<https://www.youtube.com/watch?v=KhLdthi89mU>

## Freda Lewis-Hall and TLC's "T-Boz" Discuss SCD

Dr. Freda Lewis-Hall, chief medical officer of Pfizer, appears on The Doctors to speak about sickle cell disease, a blood disorder that primarily affects African Americans, and the genetic trait linked to the disease. She and The Doctors are joined by Tionne "T-Boz" Watkins, of the musical group TLC, who lives with the condition.



[http://www.youtube.com/watch?v=EktxeVGQ\\_MQ](http://www.youtube.com/watch?v=EktxeVGQ_MQ)

## My Sickle Cell Disease and Me

This video focuses on a range of kids experiencing sickle cell with both animation and real life stories with a British accent!



<https://www.youtube.com/watch?v=nNnzRFbm28Q>



Congratulations! You have just completed the CHECK Sickle Cell Online Program! Hopefully it has helped you manage your sickle cell better so you can stay healthier and enjoy life!

Even though you are finished, you can always go back to any module to review any information!

